MANHATTAN GASTROENTEROLOGY

147 East 26th Street
New York, NY 10010
(212) 427-8761
Manhattangastroenterology.com

PillCamTM PATENCY PROCEDURE GUIDE	
7 DAYS BEFORE	• **Stop any GLP-1 medications** (injection or oral) • **Stop fiber supplements and iron supplements**, including multivitamins
DAY 0	• Begin a **clear liquid diet** from 12 p.m. (examples: water, clear broths, apple juice, tea or coffee without milk or cream, Jello, popsicles, clear sodas). • Do not eat or drink anything after 10 p.m.

DAY 1	• At your morning appointment with Manhattan Gastroenterology, you will be ingesting the capsule.
	• After ingestion, abstain from eating or drinking for another two hours.
	• After four hours, please return to a regular diet.
	• We will provide an X-Ray Abdomen referral to Lenox Hill Radiology.
	  ○ The referral will have their office sites and phone numbers.
	  ○ A medical assistant will help you schedule the X-Ray study.
	  ○ The timing is important: The X-Ray study should be done 24 hours after ingestion (no later than 30 hours). Please plan accordingly.
	• We will set up a telemedicine appointment with your GI provider for Day 3.

DAY 2	• Perform the abdominal X-ray
DAY 3	• Review your results via Telemedicine with your GI provider • When appropriate, your provider will coordinate the standard video capsule endoscopy study.