

<b>HEMORRHOID TREATMENT INSTRUCTIONS</b>	
<b>DIET CHANGES</b>	<ul style="list-style-type: none"> <li>• <b>AFTER MIDNIGHT: STOP EATING</b></li> <li>• <b>You can consume CLEAR LIQUIDS up until 3 hours before the test</b> <ul style="list-style-type: none"> <li>○ Clear liquids include iced/hot tea, black coffee, clear broth, apple or white grape juice (without pulp), gingerale, jello, ice pops</li> </ul> </li> <li>• <b>3 HOURS BEFORE TEST:</b> <ul style="list-style-type: none"> <li>○ <b>STOP CLEAR LIQUIDS; No candy or gum chewing either</b></li> </ul> </li> </ul>
<b>MEDICATIONS</b>	<ul style="list-style-type: none"> <li>• If you are taking <b>Medicines That Thin Your Blood:</b> Contact your provider to discuss any adjustments that might be required           <ul style="list-style-type: none"> <li>○ Medications include but are not limited to Aspirin, Plavix, Coumadin, Lovenox, Eliquis, Xarelto</li> </ul> </li> <li>• If you are taking <b>Aspirin:</b> <u>Do not hold it.</u> Please take it the morning of your procedure with a small sip of water.</li> <li>• If you are taking <b>Blood Pressure Medication:</b> <u>Do not hold them.</u> Take them the morning of your procedure with a small sip of water.</li> <li>• If you are taking <b>Diabetes Medications:</b> Contact your prescribing doctor to discuss adjustments the day before and the day of your procedure</li> </ul>
<b>BOWEL PREPARATION</b>	<ul style="list-style-type: none"> <li>• <b>PURCHASE: TWO FLEET ENEMAS</b> at any drug store (over the counter)</li> <li>• <b>TWO HOURS BEFORE TEST:</b> <ul style="list-style-type: none"> <li>○ Use the <b>FIRST ENEMA</b> following package directions</li> </ul> </li> <li>• <b>ONE AND A HALF HOURS BEFORE TEST:</b> <ul style="list-style-type: none"> <li>○ Use the <b>SECOND ENEMA</b> following package directions</li> </ul> </li> </ul>
<b>OFFICE ARRIVAL</b>	<ul style="list-style-type: none"> <li>• <b>Take your regular medications in the morning with sips of water</b></li> <li>• <b>Arrive 30 minutes prior to your procedure, no later!</b></li> <li>• Bring list of current medications including doses</li> <li>• Bring a Photo ID</li> <li>• Bring Insurance Card</li> <li>• Bring any applicable Referrals</li> <li>• Please do not bring any valuable</li> </ul>
<b>ESCORT</b>	<ul style="list-style-type: none"> <li>• <b>Please ensure that you have an escort (responsible adult over the age of 18) to pick you up at the end of the procedure</b></li> </ul>